

Menu subject to change

(P) denotes pork product

A la carte meals, pizza, chef salads offered daily

Linn-Mar High School Cafeteria

Breakfast/Lunch Menu

November 2007

½ pint milk served with each lunch

Lunch K-5: \$1.85; 6-8: \$1.90

9-12: \$1.95; Breakfast K-12: \$1.15

Adult: Breakfast \$1.35/Lunch \$2.60

<p>5 Breakfast: Pizza^(P) Walking taco with Fritos Lettuce/tomato/cheese Peas Applesauce ITED TEST WEEK Hungry Hobo sandwich Pizza/A la carte meals</p>	<p>6 BKF: Churros Chicken patty Country blend veggies Pineapple chunks Pudding Hamburger bar Pizza/A la carte meals</p>	<p>7 BKF: Croissant sandwich^(P) Beef ravioli Breadstick Tossed lettuce salad Pear slices Sugar cookie Hot dog bar Pizza/A la carte meals</p>	<p>8 Breakfast: Cinnabakes Cheeseburger Corn Banana Oatmeal Scotchie cookie Sub sandwich bar Pizza/A la carte meals</p>	<p>9 BKF: Sausage^(P) & egg s/w Pizza Hut pizza Fresh veggie tray Grapes Chef salad bar A la carte meals</p>
<p>12 Breakfast: Pizza^(P) Corn dog Baked beans Apple Subway sandwich Pizza/A la carte meals</p>	<p>13 BKF: Pancake on a stick^(P) Chicken nuggets Mashed potatoes & gravy Tropical fruit Fruity Pebble cookie Hamburger bar Pizza/A la carte meals</p>	<p>14 BKF Croissant sandwich^(P) Meatball sandwich Tossed lettuce salad Applesauce Chocolate cake Burrito bar Pizza/A la carte meals</p>	<p>15 Breakfast: Long john Turkey tenderloin Green bean bake Peach slices Ice cream Sub sandwich bar Pizza/A la carte meals</p>	<p>16 BKF: Sausage^(P) & egg s/w King's Delight chicken sandwich Broccoli & cheese Pear slices Apple crisp Sub sandwich bar Pizza/A la carte meals</p>
<p>19 Breakfast: Pizza^(P) Walking taco with Fritos Lettuce/tomato/cheese Corn Mandarin orange salad Hungry Hobo sandwich Pizza/A la carte meals</p>	<p>20 BKF: Waffles Turkey & gravy with mashed potatoes Dinner roll Carrot slices Mixed fruit Pudding Hamburger bar Pizza/A la carte meals</p>	<p style="text-align: center;">21 No School Grades K-12</p>	<p style="text-align: center;">22 No School Grades K-12</p>	<p style="text-align: center;">23 No School Grades K-12</p>
<p>26 Breakfast: Pizza^(P) Sloppy joe sandwich Potato wedge Carrot slices Fresh pear Subway sandwich Pizza/A la carte meals</p>	<p>27 BKF: French toast sticks Chicken strips Mashed potatoes & gravy Apple Hamburger bar Pizza/A la carte meals</p>	<p>28 BKF: Croissant sandwich^(P) Crispito & cheese sauce Peas Peach slices Chocolate fudge brownie Hot dog bar Pizza/A la carte meals</p>	<p>29 Breakfast: Long john Chicken teriyaki & rice Pea pods Pineapple tidbits Fortune cookie Sub sandwich bar Pizza/A la carte meals</p>	<p>30 BKF: Sausage^(P) & egg s/w Pizza Hut pizza Tossed lettuce salad Fruit cup Oatmeal raisin cookie Soup bar (Chicken noodle) A la carte meals</p>