

Menu subject to change
(P) denotes pork product

Excelsior Middle School
Breakfast/Lunch Menu
November 2007

½ pint milk served with each lunch
Lunch K-5: \$1.85; 6-8: \$1.90
9-12: \$1.95; Breakfast K-12: \$1.15
Adult: Breakfast \$1.35/Lunch \$2.60

5 BKF: Cereal bar BBQ rib sandwich ^(P) Baked chips Mixed vegetables Pineapple slices Sandwich bar (5)	6 BKF: Muffin Pork tenderloin ^(P) Corn Peaches Sugar cookie Taco bar (6)	7 BKF: Bagel Chili & crackers Fresh baked corn bread Carrot slices Pears Potato bar (1)	8 BKF: Hot entree Sloppy joe sandwich Green beans Crunchy apple slices Oatmeal Scotchie cookie Salad bar (2)	9 BKF: Pastry Chicken nuggets Mashed potatoes & gravy Dinner roll Juicy orange wedges Alt: PB & J sandwich (3)
12 BKF: Cereal bar Scrambled eggs & ham ^(P) Cosmic creation potatoes Cinnamon toast Orange juice cup Sandwich bar (4)	13 BKF: Muffin Mini corn dogs Peas Peaches Fruity Pebble cookie Taco bar (5)	14 BKF: Bagel Chicken quesadilla Lettuce & tomato Applesauce Chocolate cake Potato bar (6)	15 BKF: Hot entree Turkey & gravy over mashed potatoes Dinner roll Fluffy fruit salad Ice cream sandwich Salad bar (1)	16 BKF: Pastry Pizza (Sausage, ^(P) pepperoni ^(P) & cheese) Green beans Pears Teddy Graham crackers Alt: PB & J sandwich (2)
19 No School Grades K-8	20 No School Grades K-8	21 No School Grades K-12	22 No School Grades K-12	23 No School Grades K-12
26 BKF: Cereal bar Crispito with cheese sauce Lettuce & tomato Applesauce Fruit roll up Sandwich bar (3)	27 BKF: Muffin Waffles Sausage patty ^(P) Potato wedge Strawberries Hamburger bar (4)	28 BKF: Bagel Turkey tenderloin Corn Kiwi Chocolate fudge brownie Potato bar (5)	29 BKF: Hot entree Pepperoni sub sandwich ^(P) Green beans Pears Oatmeal raisin cookie Salad bar (6)	30 BKF: Pastry Soft shell taco Lettuce & tomato Fruit cocktail Pudding cup Alt: PB & J sandwich (1)